

RICHARD MALETTE ASTROLOGY

The 12 Universal Teachings of the Stars

Warm greetings! Bonjour!

Thank you so much for your interest in Richard Malette Astrology. To show you my gratitude, I offer you this document that I created specifically for the beautiful souls who sign up to receive my newsletter. These 12 teachings or principles represent a synthesis of the wisdom contained within the 12 Zodiac Signs, the 12 Houses, the Planets and the 4 Elements. The beauty of these teachings is that you don't need to know your birthchart in order to benefit from them. These 12 principles form an elegant, holistic model for living, and can be used as a universal guidance system to support humanity in this massive transition. Everyone experiences different phases of life in which we need to connect with different teachings in order to navigate these periods gracefully and successfully! We can integrate and flow with all 12 universal energies and trust in the intelligent rhythms and wisdom of the Stars. May these teachings offer you inspiration on any given day, in any situation.

1st Teaching: Courage & Initiative

This principle combines the energy of Aries, the 1st house, fire and Mars. There are times in life when it is necessary to channel the fire and fierce courage of our inner Warrior and boldly express our desire to exist and thrive in this world. This part of the human psyche is strong, direct, honest and ready to engage in brand new projects and initiatives that reflect a new calling in life. At some point in life, we all need to be a Leader, Warrior or Pioneer, face our fears, take some deep breaths and just go for it. There are always exciting new challenges, new chapters and new beginnings for all of us. This teaching reminds us of the infinite power of the human spirit and there are times when life pushes us to feel this power and boldly do what we need to do. "God grant me the serenity to accept the things I cannot change; courage to change the things I can; and the wisdom to know the difference."

2nd Teaching: Peace & Prosperity

This principle reflects the qualities of Taurus, the 2nd house, earth and Venus. Life is not about going full throttle all the time. We need to regularly take time to slow down, ground and connect to the peaceful, healing power of the Earth. There are times when it becomes important to take stock of all that we have and consciously enjoy the beauty that is always around us. In these quiet moments we also realize the need to manifest new tools or resources that will increase our material security and financial stability. Yet, prosperity is not only about physical abundance. It is about spiritual contentment and developing appreciation and gratitude for all that we do have within us and around us. This teaching is about learning to value ourselves, value life and come back to simply enjoying the magic of Now.

3rd Teaching: Curiosity & Communication

This principle combines the magic of Gemini, the 3rd house, air and Mercury. Some people are natural communicators, teachers and writers. However, there are many times in life during when we need to remember that life on planet Earth is a never-ending education. Human beings are wired to learn all the time. We are in a period in which becoming excellent communicators is more important than ever before. We can all greatly help the world to evolve by sharpening all our senses to better perceive, listen, speak, write and teach from the mind and the heart. This principle reminds us that we are naturally social, friendly, curious and open-minded beings and we thrive on intellectual stimulation and social interaction. This teaching reminds us to heal and balance our throat chakra and recognize that we all have a strong and unique voice, whether it is loud and public or quiet and peaceful.

4th Teaching: Home & Family

This teaching centers on the qualities of Cancer, the 4th house, water and the Moon. Deep within all human beings, there is a powerful instinct to protect and nurture all beings. The human spirit has been hurting deeply all around the world this year and for a very long time, in fact. In order to heal the anxiety, fear and loss, we need to nestle in the healing tenderness and comforting love of the Great Mother within us. Everyone needs a secure home, healthy food and a caring network of loving and supportive people. We are learning that humanity is in fact a grand family and that Earth is our sacred home. As we shift into a new era of global evolution, it is critically important to be as caring, gentle, and nurturing with ourselves and everyone around us. You have heard this a million times, but we are truly in this wild, crazy

and beautiful journey together. The human family is like a majestic tree that can grow tall and strong when the roots of interconnectedness go deep. As we develop our emotional intelligence, we also cultivate more clarity and transparency about how we are feeling at any given time. This teaching reminds us to bathe in the flowing waters of tender loving care every day. We can't offer our best service to others if we don't fulfill our own primordial needs. What nurtures you in the healthiest, most beautiful ways?

5th Teaching: Playfulness & Creativity

This principle reflects the light of Leo, the 5th house, fire and the Sun. Can you believe that maintaining a spirit of playful creativity is a fundamental aspect of human life? Astrology has taught me that play is not only for children. In fact, a healthy Inner Child reminds the adult in us to loosen up and reclaim the dignity and sovereignty of the Lion that shines in the heart of every person. There is always a need for conscious celebration and recreation. By allowing ourselves to relax and enjoy the exquisite pleasures of life, we automatically express our inner light through our smile, laughter and infectious joy. There is nothing more healing than to experience this feeling! If you don't remember the last time you really let your hair down and had a great time, connect with your Inner Child to know what it likes and invite her/him to come out and play. The more you accept yourself in your authenticity and allow it to show, the more you give the world the opportunity to see your true beauty and to love you, too, exactly as you are. ~Archangel Gabriel through Shelley Young, Trinity Esoterics.

6th Teaching: Service & Healing

This principle combines the energy of Virgo, the 6th house, earth and Mercury. There is a surprising amount of depth and subtlety to this teaching. What is the connection between work and healing? Modern society has highly conditioned humanity to value paid employment above almost everything else in life. Think about how much energy goes into finding work and maintaining a job or a business. Unfortunately, a great number of people are working at jobs in which they don't feel validated, appreciated or fulfilled. If everyone could become more aware of their natural skills and passions, and offer them in heart-felt service to the world, wouldn't humanity be much happier and healthier? We all want to feel useful, productive, efficient and practical. As the world begins a radical shift into a new age, we have a fantastic opportunity to reassess the ways in which we contribute to the functioning of society. The authentic service of many people is highly complex and takes many years of study and preparation. For many others, however, their best and true calling is

more simple and private. Ultimately, it doesn't matter what service we offer the world. When we serve effortlessly using our natural abilities and letting our hearts lead the way, we naturally create a positive and healing energy that helps to keep the world running smoothly and efficiently.

7th Teaching: Love & Relationship

This principle weaves the magic of Libra, the 7th house, air and Venus. We come now to the 7th principle, which is the balance point in the cycle of 12. Just like the sunset or the fall equinox represents the harmony between day and night, this teaching reminds us of a powerful truth: we always live in relationship with everyone and everything within and around us. We are never alone in this world. We exist in a continual dance and partnership with all life. Through our connection with family, friends, neighbors, animals, nature, sky and stars, we experience the love and the remarkable beauty of our reality. This teaching can inspire us to enrich all of our relationships with a deeper sense of love and devotion, when we trust that whatever we offer the world will always come back to us. This is the Law of attraction, giving and receiving, doing and being, Yin and Yang. Often, what we see in others is a reflection of what we see in ourselves and what others see in us is a reflection of what they see in themselves.

8th Teaching: Magic & Transformation

This principle is revealed in the energies of Scorpio, the 8th house, water, Mars and Pluto. Sometimes, the journey of life takes us through powerful life changing experiences that can feel blissful or challenging, but are always deeply transformative. Just as leaves fall to the ground in the autumn to provide nourishment to the earth and foster new growth in the spring, there are times when we must let go of some aspects of our life that are no longer needed, to make room for new growth. Think about getting married, having a baby, getting a divorce, losing your job, or starting a new business. It is like a caterpillar that one day starts to cocoon and eventually is reborn as a butterfly. It is important to allow ourselves to feel all the deep emotions that naturally accompany this transformation. When we embrace the process, we reconnect with the purely instinctual, metaphysical, and magical quality of life. This teaching reminds us that life is a continual cycle of death, rebirth and regeneration. It is quite clear that the energies of 2020 are ushering in an immense evolutionary leap. May you embrace the magic of your own transformation!

9th Teaching: Faith & the Quest for Truth

This principle reflects the qualities of Sagittarius, the 9th house, fire and Jupiter. I am sure that you have seen how every teaching weaves into the next one, creating a rich tapestry of wisdom. Whenever we navigate a transformative period, we inevitably experience an expansion of consciousness as we develop a new understanding of the world/universe and our place in it. This teaching reminds us to regularly tune in to our higher self and re-evaluate our philosophical beliefs and the highest truth we know. This is the Hero's journey. In every tradition we see legends, fairytales and epic texts that recount the adventures of the Hero embarking on a vast journey across the ocean or climbing up a high mountain on a sacred quest. Humanity has begun a sacred quest for truth and the journey involves only traveling from the mind to the heart, which contains all the wisdom of the universe. When we know our truth, we radiate joy and faith in the journey of life. This is an incredibly important teaching because our personal truth informs our thoughts, communication and actions. What is your highest truth?

10th Teaching: Responsibility & Authority

This principle embodies the spirit of Capricorn, the 10th house, earth and Saturn. When we regain clarity in our belief system, we naturally begin to remodel the structures of our public identity and life mission. Why am I here? What is my life purpose? How can I best honor the world by expressing the most responsible, refined, mature and noble version of myself? This teaching reminds us that there is a strong, wise and resilient Captain and CEO inside all of us that is always ready to fulfill our life mission with immense integrity. As the external structures of power disintegrate in this global evolution, we are inspired to reclaim our inner authority and dignity, which will help us feel worthy of honor and respect.

11th Teaching: Freedom & Community

This principle weaves the magic of Aquarius, the 11th house, air and Uranus. The acceleration of radical change happening in all spheres of society is catapulting humanity into the new Age of Aquarius. It is like we are all surfing on lightning bolts of intense electromagnetic waves that are lighting up our personal and collective energy fields. Many are feeling wired, frazzled and restless from an overly stimulated nervous system. This is obviously uncomfortable and unsettling; however, there is a purpose to it all. Humanity needed a gigantic wake up call to reinvent itself. The universe is helping to liberate the

human psyche from a very long period of limitation and control. What does true freedom mean to you? This teaching activates the part of our circuitry that needs space and freedom to express the unique genius of our authentic self. We need to accept that our true individuality may challenge the social conditioning and expectations of our family and society. This principle also reminds us to respect and appreciate the rich diversity in the human collective. We are learning to come together as one global community of empowered individuals. When we express our authentic self to the world, we naturally attract others who share similar values and passions. These people become our soul tribe family, and together, we will create the future.

12th Teaching: Contemplation & Compassion

This principle encompasses the wisdom of Pisces, the 12th house, water and Neptune. Physically and spiritually, all paths lead to the ocean, a symbol of infinity and oneness. This teaching reminds us to dance with the ebb and flow of life and all the currents of energy within and around us. There are times when we may feel overwhelmed by tidal waves of emotion, confusion or disillusionment. We need to remember that we can always channel the Cosmic Surfer within us that is fluid and can adapt to anything. As we navigate the wild currents of life, we need to energize our intuitive intelligence and open our feeling center in order to live every moment with gentleness, sensitivity, tenderness and compassion. We remember to channel the purest, and most sacred Love that we can for ourselves and to everyone and everything in existence. This spiritual teaching reminds us that we are never alone: we are always All One, in union with the Universe, God-Goddess, Source, Spirit, which adores and supports us in a myriad of obvious and subtle ways. We maintain a frequency of peace, love and compassion within our being, and broadcast that frequency in heart waves around the world. We are learning to allow ourselves time for sacred solitude, meditation, contemplation, listening to the heartbeat of the universe and honoring the dream world. In this phase, we slow down, take deep, long breaths and get ready to set off on a new journey requiring the courage of the Inner Warrior.

*with Joy,
Peace, Light, Love*

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